

*"The Pride of the Hudson Valley"*  
***The 2023 Arlington High School Marching Band Presents:***



I am a warrior  
My battlefield, 100 yards of turf  
My weapons, my body and my instrument  
My war, against myself.

Each day I arrive to fight a new battle  
To push myself to a new level of achievement.  
Some may question my motives,  
and at times I question myself.

But the answer I receive  
is always the same, that yes  
All the pain, sweat, and tears are worth the victory  
Because victory over thyself is the greatest of all.

**Marching Band Staff**

- Director:** Darrell Keech
- Assistant Director:** Evan Rzodkiewicz
- Show Design:** Daniel Valadie (Music), Bobby Jones (Drill),  
Bert Cousins (Guard), Seema Soni-Flores (Uniforms/Flags/Graphics),  
Brandie Lane (Audio)
- Wind Instruction:** Libby Ando, Kai Gajdos, Amanda Jacobs, Amelia Jensen,  
Baylee Forrest, Alex Gray, Sean Hogan, Tom Manner,  
Hannah McCabe, Grace McCormack, Victoria Odescalchi,  
Jonah O'Hearn, David Nesbitt, Tim Solinger, Julie Williams
- Percussion Instruction:** Satira Aarne, Chris Atkins, Paul Chambers,  
Vishesh Nandedkar
- Color Guard Instruction:** Bert Cousins, Shannon Gilhuly, Euni Shim, Seema Soni-Flores,  
Maeve St. Onge
- Graduate Assistants:** Evan Chietro, Justin Kalbaugh, Matthew Kummer,  
Sydney Mihalchik, Dylan Raffaele
- Drum Majors:** Kelvin Dong and Sylvia MacNish

The Arlington High School Marching Band thanks **Dr. David Moyer**,  
Superintendent; **Dr. Don Solimene**, Principal, and **Mr. Richard Guillen**,  
Music Department Coordinator, for their continued support.

Thank you to the parents and volunteers of the  
**Arlington Band Boosters, INC.**

*Without your efforts, nothing we do would be possible!!*



[www.arlingtonschools.org/marchingband](http://www.arlingtonschools.org/marchingband)